

12 Days of Easy, Healthy Dinners for Christmas Crazy

Sanity Saving Recipes for the Busiest Month of the Year 🌲 🎁

How to use this plan: Start by looking through the list of 12 easy dinner ideas. Each recipe is quick to prepare, packed with flavor, and perfect for keeping your family happy during this hectic month. Use this template to jot down the dinners you've chosen and pair them with breakfast, lunch, or side dish ideas to round out the week. Mix and match recipes to fit your needs. Swap sides to suit your preferences, double recipes for leftovers, or skip a day if you're eating out or attending a holiday gathering. Lastly, enjoy the season!

Breakfast ideas 🌲

- Greek yogurt & berries
- Batch cook [pancakes](#) or [waffles](#)
- Protein shake & [sausage patties](#)

Lunch ideas 🌲

- [Easy Italian Chopped Grinder Salads](#)
- [Salsa lime chicken](#) bowls
- Loaded sweet potatoes using leftovers

Easy side dish ideas 🌲

- [Brown rice](#) or pasta
- Bagged salad or arugula side salad with lemon and olive oil
- Freezer veggies
- Baked sweet potatoes

Dinners 🌲

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 | Day 6 |
|--|---|--|--|---|---|
| Easy Baked Chicken Meatballs with sides | Easy Taco Skillet | Italian Chicken Skillet with sides | Crock Pot Chicken Tortilla Soup | Air Fryer Pork Tenderloin with sides | Hibachi Steak |
| Day 7 | Day 8 | Day 9 | Day 10 | Day 11 | Day 12 |
| Lasagna Soup | Crock Pot Chicken Enchilada Casserole | Ground Chicken Stir Fry with brown rice | Breakfast for Dinner: Crock Pot Breakfast Casserole + Toast | Stuffed Pepper Skillet | IP Chicken Curry and Rice with sides |